



## **SOCIAL PLANNING COMMITTEE**

### *NOTICE OF OPEN MEETING*

**DATE: WEDNESDAY, 2015 APRIL 01**

**TIME: 6:00 PM**

**PLACE: Council Chamber, Burnaby City Hall**

### **A G E N D A**

	<b><u>PAGE</u></b>
<b>1. <u>CALL TO ORDER</u></b>	
<b>2. <u>MINUTES</u></b>	
A) Minutes of the Social Planning Committee ‘Open’ meeting held on 2015 February 04	1
<b>3. <u>DELEGATION</u></b>	
A) David Beattie and Allan Hunt, The HELLO Project Re: Social Isolation in Burnaby and Metro Vancouver Speakers: David Beattie and Allan Hunt	5
<b>4. <u>REPORTS</u></b>	
A) Report from the Director Planning and Building Re: Child Care Resources Group Update for 2015	6
B) Report from the Director Planning and Building Re: Update on the Burnaby Healthier Community Partnership	14
<b>5. <u>NEW BUSINESS</u></b>	
<b>6. <u>INQUIRIES</u></b>	
<b>7. <u>ADJOURNMENT</u></b>	

## CITY OF BURNABY

2410-20

## SOCIAL PLANNING COMMITTEE

MINUTES

An 'Open' meeting of the Social Planning Committee was held in the Council Chamber, Burnaby City Hall, 4949 Canada Way, Burnaby, B.C. on Wednesday, **2015 February 04** at 6:00 p.m.

PRESENT: Councillor Anne Kang, Vice Chair  
Councillor James Wang, Member  
Trustee Baljinder Narang, School Board Representative  
Ms. Noreen Boudreau, Citizen Representative  
Mr. Ryan Erwin, Citizen Representative  
Mr. Shiraz Nathwani, Citizen Representative  
Mr. William Tsai, Citizen Representative

ABSENT: Councillor Nick Volkow, Chair  
Ms. Sonia Clair, Citizen Representative  
Ms. Laarni De Los Reyes, Citizen Representative  
Mr. Frank Huang, Citizen Representative  
Ms. Maita Santiago, Citizen Representative  
Ms. Peggy Woodruff, Citizen Representative

STAFF: Ms. Lee-Ann Garnett, Assistant Director – Long Range Planning  
Ms. Margaret Manifold, Senior Social Planner  
Ms. Rebekah Mahaffey, Social Planner  
Mr. Craig Collis, Assistant Director - Recreation  
Ms. Blanka Zeinabova, Administrative Officer

The Vice Chair called the 'Open' meeting to order at 6:12 p.m.

The Vice Chair welcomed new members to the Committee - School Trustee Baljinder Narang and Mr. Frank Huang (not present).

1. MINUTES

(a) Minutes of the Social Issues Committee  
'Open' meeting held on 2014 October 01

MOVED BY MR. NATHWANI:

SECONDED BY MS. BOUDREAU:

"THAT the minutes of the *Social Issues Committee* 'Open' meeting held on 2014 October 01 be now adopted."

CARRIED UNANIMOUSLY

## 2. **PRESENTATION**

- (a) **Recent Initiatives of the Burnaby Access Advisory Committee**  
**Speaker: Nellie Wong**

**MOVED BY MR. ERWIN:**

**SECONDED BY TRUSTEE NARANG:**

“THAT the presentation be heard.”

CARRIED UNANIMOUSLY

**Ms. Nellie Wong**, appeared before the Committee providing an overview of the Burnaby Access Advisory Committee (BAAC).

Ms. Wong noted that the BAAC was established in 1988, and it's comprised of Burnaby residents (volunteers), City staff representing Planning and Building, Engineering, and Parks Departments, as well as the representatives from the Fraser Health Authority. The BAAC provide advice and direction to the City on access and inclusion issues.

The speaker summarized a number of initiatives undertaken in 2014, noting some of the access and inclusion improvements in City facilities, transportation related consultations, plans and policy development consultations, transportation improvements, and accessibility awareness.

In conclusion, Ms. Wong noted that the BAAC should be involved in consultations when building new City facilities, transit and transportation services, etc. as later retrofits are very costly.

The Vice Chair conveyed thanks to Ms. Wong for her informative presentation and 14 years of volunteer service with the BAAC.

## 3. **DELEGATION**

- (a) **The HELLO Project**  
**Re: Social Isolation**  
**Speaker: David Beattie**

The delegation was not present.

#### 4. **REPORT**

MOVED BY TRUSTEE NARANG:  
SECONDED BY MS. BOUDREAU:

“THAT the report be received.”

CARRIED UNANIMOUSLY

**(a) Report from the Director Planning and Building**  
**Re: Burnaby Access Advisory Committee**  
**2015 Workplan**

The Director Planning and Building submitted a report providing a summary of the Burnaby Access Advisory Committee’s activities in 2014 and proposing a workplan for 2015.

The Director Planning and Building recommended:

1. THAT the Committee request Council to approve the proposed Burnaby Access Advisory Committee 2015 workplan, as outlined in Section 3.0 of this report.

MOVED BY TRUSTEE NARANG:  
SECONDED BY MR. TSAI:

“THAT the recommendation of the Director Planning and Building be adopted.”

CARRIED UNANIMOUSLY

Staff provided a summary of the report noting activities undertaken by the BAAC in 2014, and proposed initiatives for 2015.

Ms. Boudreau inquired if visual fire alarms are installed in the schools for deaf.

Staff undertook to investigate.

#### 5. **NEW BUSINESS**

**Noreen Boudreau**

Ms. Boudreau invited the Committee members to attend a celebration of the Nisga’a Nation (a celebration of the February Moon)\* on 2015 February 06 & 07 at the Pacific National Exhibition.

*\*(For Southern BC, this celebration gives reason for the Urban Aboriginals to gather to celebrate through traditional song and dance. The Nisga’a of Ts’amiks (Vancouver) host this celebration each year to invite dance groups from other Nations to join in the celebration and share a small aspect of Nisga’a Culture with the world.)*

**Councillor Kang**

Councillor Kang advised that eAgenda Project implementation started for all the City's committees (all agendas available on line), and encouraged Committee members to participate in the City's "One Ream Less Campaign" to help reduce the amount of paper used within the City by opting out from receiving a hard copy of the agenda.

**6. INQUIRIES**

There were no inquiries brought before the Committee at this time.

**7. ADJOURNMENT**

MOVED BY TRUSTEE NARANG:  
SECONDED BY COUNCILLOR WANG:

"THAT this meeting do now adjourn."

CARRIED UNANIMOUSLY

The 'Open' meeting adjourned at 6:50 p.m.

\_\_\_\_\_  
Ms. Blanka Zeinabova  
ADMINISTRATIVE OFFICER

\_\_\_\_\_  
Councillor Anne Kang  
VICE CHAIR

**Ladak, Sabreena**

---

**From:** David Beattie [REDACTED]  
**Sent:** March-14-15 4:39 PM  
**To:** Clerks; Zeinabova, Blanka  
**Cc:** thehelloprojectcanada@gmail.com; David Beattie; Allan Hunt; thehellopro  
**Subject:** The HELLO Project applies to appear as a delegation to the SOCIAL PLANNING COMMITTEE

Dear Blanka and the City of Burnaby Clerks' Department,

The HELLO Project would like to appear as a delegation to the Social Planning Committee meeting Wednesday April 1, at 6pm, in the council chamber.

Your website asks for three specific pieces of information:

1. SUBJECT.

We are speaking about our project to erode social isolation in Burnaby and Metro Vancouver.

2. Name and address of the speaker (s):

David Beattie and Allan Hunt.

Apartment 302, Number 13876 102nd Avenue, Surrey, BC. V3T 1P1

Regards,

David Beattie



Meeting 2015 April 1

## COMMITTEE REPORT

---

**TO:** CHAIR AND MEMBERS  
SOCIAL PLANNING COMMITTEE

**DATE:** 2015 March 13

**FROM:** DIRECTOR PLANNING AND BUILDING

**FILE:** 1750 20

**SUBJECT:** CHILD CARE RESOURCES GROUP UPDATE FOR 2015

**PURPOSE:** To provide a summary of activities of the Child Care Resources Group during 2014 and to propose a Workplan for 2015.

---

**RECOMMENDATIONS:**

1. **THAT** the Committee request Council to endorse the proposed 2015 Child Care Resources Group Workplan.
2. **THAT** the Committee request Council to approve an expenditure of up to \$900 from the 2015 Boards, Committees and Commissions budget to cover the production costs of printing of child care brochures.

**REPORT****1.0 BACKGROUND**

The Child Care Resources Group (CCRG) was established in 1990 as a sub-committee of the Social Planning Committee (formerly the Social Issues Committee). It is comprised of representatives from non-profit child care societies operating in Burnaby, as well as Fraser Health, the Burnaby School District, the YMCA Child Care Resource and Referral Program, and the City's Planning and Parks, Recreation and Cultural Services Departments.

As outlined in its Terms of Reference, the mandate of the CCRG is to:

- serve as an advisory body to the Social Planning Committee on child care matters;
- assist with the development of Burnaby child care policies, services and programs; and
- act as an advocate for child care services and programs in Burnaby.

In accordance with Burnaby's Child Care Policy, originally adopted by Burnaby Council in 1993 and revised in 2000, the CCRG has prepared periodic update reports on its activities for the Social Planning Committee and Council. This report provides an overview of activities in 2014, and proposes a Workplan for the CCRG for 2015.

To: Social Planning Committee  
 From: Director Planning and Building  
 Re: Child Care Resources Group Update for 2015  
 2015 March 13 ..... Page 2

## 2.0 KEY ACTIVITIES IN 2014

### 2.1 Social Sustainability Strategy Actions Related to Child Care

The CCRG provided advice related to two actions in the Burnaby Social Sustainability Strategy, namely:

*Action #1: Examine the Burnaby Zoning Bylaw for opportunities to facilitate the development of more child care facilities (e.g., allowing child care as a permitted use in commercial districts); and*

*Action #2: Continue to advocate to the federal and provincial governments for a comprehensive and integrated child care plan which establishes an early care and learning system that is universal, publicly funded, inclusive, affordable, and of high quality.*

In relation to **Action #1**, staff, in consultation with the CCRG, has continued to review potential opportunities within the Zoning Bylaw to facilitate the development of child care facilities. In 2012 April, Council approved amendments to the Zoning Bylaw that provide the option for one non-resident employee to work in a home-based centre and simplify the approval process for opening a home-based child care centre. The Zoning Bylaw review will continue to examine the implications of including child care as an outright permitted use in commercial and other non-residential zoning districts.

In relation to **Action #2**, the CCRG has continued to track Provincial child care policy and the progress of the *Community Plan for a Public System of Integrated Early Care and Learning* prepared by the Coalition of Child Care Advocates of B.C. and the Early Childhood Educators of B.C. in 2011 April. The Plan received broad support and has been endorsed by the City of Burnaby, the Metro Vancouver Board of Directors, the Union of B.C. Municipalities, and many other local and regional governments, as well as numerous organizations.

In 2013 February the Provincial government announced a BC Early Years Strategy that will increase early years services by \$76 million over the next three years. According to the Early Years Strategy, the funds will be used to create new child care spaces, improve the quality of early years services and strengthen coordination of early childhood development programs and child care services. In 2014, the Province announced \$14.8 million in major capital funding programs to create new child care spaces. In the first round of funding, 32 child care providers received a total of \$7 million to create 447 new spaces on school grounds and 559 spaces in other facilities across B.C. In Burnaby, the SFU Child Care Society received \$500,000 to create 24 new school aged spaces at the SFU Child Care Centre in the first round of funding. In late 2014, a second round of funding for up to another 1,000 new child care spaces was announced. The Province has not yet confirmed if there will be a third rounding of funding for 2015/16. The deadline for applications is 2015 March 20. The CCRG will continue to monitor progress on the Early Years Strategy.

To: Social Planning Committee  
 From: Director Planning and Building  
 Re: Child Care Resources Group Update for 2015  
 2015 March 13 ..... Page 3

## 2.2 *Child Care Information and Awareness*

The CCRG assisted staff in reviewing its comprehensive Child Care Planning Resource Package. The package has proven to be a valuable resource for those interested in starting a new child care centre or changing their existing child care license type. Based on advice from the CCRG, the package will be updated with Census information and current Child Care Licensing Regulations.

The CCRG also worked with staff to prepare a step-by-step guide to the approvals process for home-based child care providers. The simplified guide explains the provisions of the Zoning Bylaw and approvals process for opening a child care centre in a home. Staff worked closely with Fraser Health Licensing and the Burnaby Fire Department in developing the guide. The guide is available on the website and at the front counters of the Planning Department and Fraser Health Licensing.

In addition, the CCRG worked with the Burnaby Early Childhood Development (ECD) Table to present a workshop for parents and child care providers on the importance of play-based learning in fostering age appropriate social-emotional development. The workshop was prompted by the results of the 2013 Early Childhood Development Index (EDI) survey of Burnaby kindergarten children. The EDI found that 32% of Burnaby children were vulnerable in one or more scales measured by the EDI (Communication, Physical Health and Well-being, Language and Cognitive Development, Emotional Maturity and Social Competence) with the highest vulnerability in the Emotional Maturity and Social Competence scales. The workshop took place on 2015 January 17 at the Tommy Douglas library. The workshop was well received by the 25 parents and child care providers in attendance.

## 2.3 *Child Care Month*

As part of child care month, the CCRG was involved in a number of activities, as follows:

***Proclamation of Child Care Month*** – At the request of the CCRG, City Council proclaimed May 2014 as Child Care Month and May 14 as Child Care Provider Appreciation Day. Banners celebrating Child Care Month and the importance of quality child care as a foundation of life-long learning were displayed from the City's pedestrian overpasses on Canada Way in front of City Hall and on Kingsway near Boundary Road.

***Child Care Provider Appreciation Event*** – The CCRG collaborated with the Burnaby Early Childhood Development Community Table in sponsoring a Child Care Provider Appreciation Event at the Confederation Seniors Centre on 2014 May 14. The event was attended by about 80 Burnaby child care providers.

***Site Visit and Presentation to the Social Issues Committee*** – On the invitation of the CCRG and the SFU Child Care Society, the Social Issues Committee was invited to hold its 2014 June 4 meeting at the UniverCity Child Care Centre. Committee members were able to tour the 50 space centre that incorporates advanced environmental design and the Reggio Emilia<sup>1</sup> child care

---

<sup>1</sup> The Reggio Emilia model emphasizes three teachers: the educator, the environment and the broader community in which children live. The centre's design and program promote self-directed learning.

To: Social Planning Committee  
 From: Director Planning and Building  
 Re: Child Care Resources Group Update for 2015  
 2015 March 13 ..... Page 4

program. The tour was followed by a presentation by CCRG members on quality child care from both a design and program perspective.

### 3.0 THE YEAR AHEAD

During 2015, in addition to its ongoing role in monitoring changes in the child care environment at the Provincial and Federal levels, and advising on emerging child care needs and issues, the CCRG proposes to focus on three main initiatives and ancillary activities (see proposed 2015 Workplan, *attached as Appendix I*).

#### 3.1 Ongoing Work on Social Sustainability Strategy Actions Related to Child Care

Staff, in consultation with the CCRG, will continue the review of the Zoning Bylaw for potential opportunities to facilitate the development of child care facilities in support of Action #1 of the Social Sustainability Strategy noted above.

Related to this work, staff in consultation with the CCRG, will prepare a report on minor amendments to the Zoning Bylaw necessitated by BC Building Code changes that came into effect in 2014 December that affect group child care centres. As a result of the Code changes, a maximum of eight children is now permitted in a group centre within a single family dwelling. Under the home occupation provisions of the Zoning Bylaw, ten children are currently permitted in a group centre within a single family dwelling. The amendments to the Zoning Bylaw will create consistency between the Building Code and the Zoning Bylaw. It is anticipated that the report will be forwarded through the Social Planning and Planning and Development Committees in 2015.

In relation to Action #2 of the Strategy, staff will continue to monitor progress of the *Community Plan for a Public System of Integrated Early Care and Learning* referred to above. It will also monitor implementation of the Provincial Early Years Strategy, included in the Major Capital Funding Program noted above, and advise the Social Planning Committee on any issues for its consideration.

#### 3.2 Child Care Information and Awareness

The CCRG will continue its efforts to publicize information on the importance of quality child care. To this end, the CCRG proposes to:

- 1) Assist staff in the ongoing work to update the Child Care Planning Resource Package.
- 2) Prepare a pamphlet on quality child care from a program and design perspective. The pamphlet would outline concepts contained in the presentation to the Social Planning Committee at its meeting in 2014 June. The intent of the pamphlet would be to create awareness of the role quality child care plays in promoting appropriate social-emotional development and reducing child vulnerability as measured by the domains of the Early Childhood Development index, described in Section 2.2 above. The pamphlet would complement two other pamphlets produced by the CCRG: 1)

To: Social Planning Committee  
 From: Director Planning and Building  
 Re: Child Care Resources Group Update for 2015  
 2015 March 13 ..... Page 5

Finding Child Care in Burnaby and 2) Critical Child Care Challenges. The pamphlets would be distributed in the community through CCRG members, made available at public events such as Healthy Kids Preschooler Fairs, and posted on the City's website.

In recognition of the important contribution quality child care makes toward economic development, it is proposed that the brochure be shared with the Burnaby Board of Trade as well.

The estimated cost to print the new brochure and to reprint the CCRG's existing brochures is \$900. Funds are available in the Boards, Committees and Commissions budget to cover the costs.

- 3) Work with the Burnaby ECD Table to offer a workshop for parents and child care providers on the importance of play-based learning and fostering age appropriate social-emotional development. The workshop would build on the successful workshop held on 2015 January 17 described in Section 2.2 above. The proposed workshop would be offered at a north Burnaby venue. As with the last workshop, the City would provide support in terms of staff time, promotion of the event, and use of a City venue. The ECD Table would be responsible for providing the presenter and promoting the workshop as well.

### **3.3 Celebration of Child Care Month**

To raise public awareness of the importance of child care, the CCRG proposes to celebrate Child Care Month in May 2015 by:

- requesting Burnaby Council to proclaim the month and child care provider appreciation day;
- displaying banners celebrating Child Care Month from the City's pedestrian overpasses;
- working with and providing in-kind support to the Burnaby Early Childhood Development Table in co-sponsoring an appreciation event for Burnaby child care providers;
- submitting an article on the importance of quality child care to the local newspapers; and
- inviting the Social Planning Committee to hold its 2015 June 3 meeting at one of five City-owned child care centres. As part of the meeting, the operator of the centre would prepare a presentation for the Committee on the history and operations of the centre. (The Chair of the Social Planning Committee has been advised of this invitation and is in agreement.)

As the year progresses, members of the CCRG may identify other activities pertaining to child care issues in Burnaby. The CCRG would seek prior approval for any additional major activities it wishes to undertake in 2015. Resource requirements for the CCRG's proposed 2015 activities are expected to be minimal, consisting primarily of the cost of printing child care pamphlets noted above in Section 3.2 (\$900). Other City expenses associated with the CCRG's work program can be accommodated within the Planning Department's operating budget.

To: Social Planning Committee  
 From: Director Planning and Building  
 Re: Child Care Resources Group Update for 2015  
 2015 March 13 ..... Page 6

#### 4.0 CONCLUSION

This report has provided an overview of the CCRG's key activities in 2014. It also proposes a Workplan for the CCRG for the year ahead. During 2015, the CCRG proposes to:

- continue to assist in the implementation of two actions pertaining to child care contained in Burnaby's Social Sustainability Strategy including monitoring progress on the *Community Plan for a Public System of Integrated Early Care and Learning* and reviewing the Zoning Bylaw for opportunities to facilitate the development of child care facilities; this review will include minor amendments to the home occupation provisions of the Zoning Bylaw to create consistency between the maximum number of children permitted in a group child care centre within a single family dwelling and recent changes to the B.C. Building Code;
- continue to prepare and distribute information on child care; these activities will include the preparation of an information pamphlet on the importance of quality child care from a design and program perspective;
- co-sponsor a workshop with the Burnaby Early Childhood Development Community Table on play-based learning and age appropriate social-emotional development for parents and child care providers; and
- celebrate Child Care Month, including inviting the Social Planning Committee to hold its 2015 June 3 meeting at one of the five City-owned child care centres.

The CCRG will also assume its customary role of monitoring changes in the child care environment at the Provincial and Federal levels, and providing advice to the Social Planning Committee and Council on appropriate City responses as necessary.

It is recommended that the Committee request Council to endorse the proposed 2015 Child Care Resources Group Workplan.

It is also recommended that the Committee request Council to approve an expenditure of up to \$900 from the 2015 Boards, Committees and Commissions budget to cover printing costs for child care pamphlets.

  
 Lou Pelletier, Director  
 PLANNING AND BUILDING

MM:sa  
 Attachment

cc: City Manager  
 City Clerk  
 Director Parks, Recreation and Cultural Services  
 Director Finance

R:\Long Range Clerical\DOCS\MM\Committee Reports\2015\CCRG Work Plan 2015 report.docx

## Appendix 1

## Burnaby Child Care Resources Group (CCRG) Draft 2015 Workplan

### Child Care Resources Group Mandate (as outlined in CCRG Terms of Reference):

- to serve as an advisory body to the Social Planning Committee on child care matters;
- to assist with the development of Burnaby child care policies, services and programs; and
- to act as an advocate for child care services and programs in Burnaby.

### Child Care Resources Group Activities for 2015:

- 1) Assist in the implementation of Actions #1 and 2<sup>1</sup> in Burnaby Social Sustainability Strategy. In relation to Action #1, staff, in consultation with the CCRG, will continue the review of the Zoning Bylaw for potential opportunities to facilitate the development of child care. Related to Action #1, the CCRG will assist with the preparation of a report on minor amendments to the Zoning Bylaw necessitated by recent BC Building Code changes that affect group child care centres.

In relation to Action #2, the CCRG will continue to monitor progress of the *Community Plan for a Public System of Integrated Early Care and Learning* prepared by the Child Care Advocates of B.C. and the Early Childhood Educators of B.C. It will also monitor implementation of the Provincial Early Years Strategy, including the major capital funding program announced in 2014. The CCRG will advise the Social Planning Committee on any advocacy actions for its consideration.

- 2) Assist in preparing and publicizing information on quality child care.
  - The CCRG will assist in the update of its comprehensive Child Care Planning Resource Package.
  - The CCRG will prepare a pamphlet on the importance of quality child care from a design and program perspective and distribute this information broadly in the community.
  - The CCRG will work with the Burnaby Early Childhood Development Table to co-sponsor a workshop on play-based learning and social-emotional development for parents and child care providers.
- 3) Help to celebrate Child Care Month by:
  - requesting Burnaby Council to proclaim May 2015 as Child Care Month and proclaim child care provider appreciation day;
  - displaying banners celebrating Child Care Month from pedestrian overpasses;

---

<sup>1</sup> Action #1: *Examine the Burnaby Zoning Bylaw for opportunities to facilitate the development of more child care facilities. (e.g., allowing child care as a permitted use in commercial districts).* Action #2: *Continue to advocate to the federal and provincial governments for a comprehensive and integrated child care plan which establishes an early care and learning system that is universal, publicly funded, inclusive, affordable, and of high quality.*

- submitting an article on the importance of quality child care to local newspapers;
- collaborating with the Burnaby Early Childhood Development Community Planning Table in sponsoring an appreciation event for child care providers; and
- inviting the Social Planning Committee to hold its 2015 June 3 meeting at one of the five City-owned child care centres.



Meeting 2015 Apr 01

## COMMITTEE REPORT

---

**TO:** CHAIR AND MEMBERS  
SOCIAL PLANNING COMMITTEE

**DATE:** 2015 March 24

**FROM:** DIRECTOR PLANNING AND BUILDING

**FILE:** 1750 20

**SUBJECT:** UPDATE ON THE BURNABY HEALTHIER COMMUNITY  
PARTNERSHIP

**PURPOSE:** To provide an update on the initiatives of the Burnaby Healthier Community Partnership.

---

**RECOMMENDATIONS:**

1. **THAT** this report be received for the information of the Committee and Council.
2. **THAT** a copy of this report be forwarded to Dr. Lisa Mu, Medical Health Officer for Burnaby and Mr. Ron Burton, Chair, Burnaby Board of Education.

**REPORT****1.0 INTRODUCTION**

At its meeting on 2014 February 17, Council approved the Terms of Reference for a Healthier Community Partnership (HCP) between the City, Fraser Health and the Burnaby School District. The Terms of Reference were developed by a joint working group comprised of representatives from all three organizations. The Terms of Reference were approved by Fraser Health in 2014 January and by the Burnaby School District in 2014 February. This report provides an update on the initiatives of the HCP since its inception in early 2014.

**2.0 HEALTHY COMMUNITY PARTNERSHIPS**

The HCP initiative stems from the global healthy community movement which recognizes that health is “a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity (World Health Organization, 2010). It is recognized that many activities/initiatives that contribute to health are generated outside the formal health care system. Health promotion can be advanced through a broad, integrated and intersectoral approach to achieve equitable and sustainable health for all people. Local governments and community agencies, through their service provision and community planning and development functions play an important role in the promotion of population health and prevention of chronic disease.

To: Social Planning Committee  
 From: Director Planning and Building  
 Re: Update on the Burnaby Healthier Community  
 Partnership

2015 March 24 ..... Page 2

Fraser Health is currently working to establish HCPs with each of the municipalities within its service area in order to provide an increased relationship between each other's area of expertise and support the mutual creation and/or strengthening of the elements of healthy communities.

Fraser Health initially approached the City of Burnaby in 2011 June to request the development of a Burnaby HCP. At the time, Council recommended the City's potential involvement in the partnership be explored through the Phase 1 implementation and workplan process of the Burnaby Social Sustainability Strategy.

At its meeting of 2013 March 4, Council approved the implementation workplan for Phase 1 of the Social Sustainability Strategy. Included in the actions for implementation in Phase 1 was *Action #23 – Consider updating and re-launching the Healthy Community Initiative to promote and deliver programs that include:*

- *health promotion and chronic disease prevention;*
- *benefits of walking and pedestrian - and bicycle-friendly development;*
- *good nutrition;*
- *tobacco and drug reduction;*
- *information on emotional and sexual health (e.g., healthy relationships); and*
- *awareness of health and support services available – family care/physicians, acute care, homecare, Burnaby Youth Hub, and others.*

Since the adoption of the Phase 1 implementation plan, City staff have worked with Fraser Health and to develop Terms of Reference for a Burnaby HCP. Given the history of collaboration between the City, Fraser Health and Burnaby School District, the School District was invited to participate in the partnership as well.

### 3.0 BURNABY HCP

A joint working group comprised of representatives from the City, Fraser Health and the School District met in the fall 2013 to discuss the current health status of Burnaby and recommend a structure and initial priorities for a Burnaby HCP. Representatives from the City included Councillors Paul McDonell and Pietro Calendino. The joint working group agreed on the Terms of Reference for a Burnaby HCP as well as two priorities to address in 2014-2015: 1) Mental Health and 2) Physical Activity and Literacy<sup>1</sup>. These priorities emerged after examining the health status of Burnaby residents and analyzing the health-related actions in the Burnaby Social Sustainability Strategy.

The joint committee recommended a HCP structure comprised of a Steering Committee and two working committees of mental health and physical activity and literacy to address the identified

---

<sup>1</sup> Physical literacy, as defined by the Burnaby HCP, is the development and maintenance of the fundamental movement skills that we all need not only for sports but to move with competence and confidence in a wide variety of physical activities in multiple environments and a variety of situations that benefit the healthy development of the whole person.

To: Social Planning Committee  
 From: Director Planning and Building  
 Re: Update on the Burnaby Healthier Community  
 Partnership

2015 March 24 ..... Page 3

priorities. The Steering Committee is comprised of individuals with both decision-making and technical expertise within each organization and is responsible for overseeing the work of the two working committees. It has met twice since the inception of the Burnaby HCP. The Terms of Reference state that the Partnership will report on its progress annually to Burnaby City Council, Fraser Health and the Burnaby Board of Education.

#### 4.0 HEALTH PRIORITIES FOR 2014-2015

To address the priorities of Mental Health and Physical Activity and Literacy, two working committees comprised of appropriate staff from the three organizations have been formed. Each committee has developed a goal, objectives and workplan for 2014-15. Combined, the two committees, with the approval of the Steering Committee, have agreed on the following vision for the Burnaby HCP:

*Burnaby embraces health and wellness. All Burnaby residents and communities will be supported with knowledge and opportunities that empower them to improve their health and wellbeing.*

The Burnaby HCP was successful in securing a \$5,000 grant from BC Healthy Communities to assist each committee with its activities.

#### 4.1 Mental Health Working Committee

The goal of the mental health working committee is:

*To promote mental wellness by fostering relationships between HCP partners, and between individuals and groups within our community through knowledge, supports and resources.*

The committee is comprised of representatives of the City (Councillor McDonell, social planning staff), the School District (counsellors, administration and Trustee Narang), Fraser Health (mental health and substance use services, public health), Ministry of Children and Family Development (child and youth mental health), Burnaby RCMP and the Burnaby Division of Family Practice.

The committee has focused on the following activities:

**Information Sharing** – As a first step in working together as a committee, each organization's representatives have shared information on their programs, services and resources. This work has created a better understanding among organizations of the resources available in the community and areas where committee members could collaborate to promote mental health in the community. In particular, the committee will aim to work together to reduce the stigma of mental illness and improve access to and trust in mental health information and resources.

To: Social Planning Committee  
 From: Director Planning and Building  
 Re: Update on the Burnaby Healthier Community  
 Partnership

2015 March 24 ..... Page 4

**Submission to the Provincial Select Standing Committee on Children and Youth** – The committee prepared a submission for the Provincial Standing Committee’s special project examining youth mental health in B.C. in 2014. The Burnaby HCP submission included mental health data for Burnaby youth, information on gaps in services and seven recommendations. These recommendations focused on the need to improve early intervention and preventative services for children and youth to promote mental wellness through the lifespan.

**Mental Health Forum** – To promote mental health awareness and help reduce stigma of mental illness, the committee is holding a forum at Byrne Creek Secondary on May 14, 2015 focusing the importance of empathy in interacting with youth who may be experiencing mental health challenges. The forum is geared to frontline service providers (youth workers, teachers, police, Parks and Recreation staff) and will include information on available resources. The forum will follow a youth-organized forum on mental health geared to youth and their advocates that will take place on May 7 at Byrne Creek as well. The two events have been planned to coincide with the provincially recognized Youth Week (May 1-7) and nationally recognized Mental Health Week (May 4-10).

Participants at the May 14 forum will be asked to evaluate the event and provide suggestions for other initiatives to promote mental health for the consideration of the HCP mental health working committee.

## 4.2 Physical Activity and Literacy Working Committee

The goal of the Physical Activity and Literacy (PAL) working committee is:

*To support Burnaby communities and residents of all ages with knowledge and opportunities which empower them to increase their physical literacy and activity.*

The committee is comprised of representatives of the City (Councillor Calendino, Parks, Recreation and Cultural Services, Planning, and Engineering staff), the School District (P.E. teachers, administration), Fraser Health (public health, health protection and cardiac rehabilitation) and the Burnaby Division of Family Practice.

The committee has focused on the following activities:

**Information Sharing** – As with the mental health committee, the PAL committee initiated their work together by sharing information on their programs, services and resources. Committee members established a common objective to promote physical literacy and awareness of the importance of physical activity throughout the lifespan.

**Physical Literacy and Fundamental Movement Series** – To promote awareness of physical literacy, the committee sponsored a professional development day for teachers and recreation leaders on 2015 February 20. Sixty-five teachers and 40 Parks and Recreation staff attended the day. Representatives from Langara College, Action Schools BC and ViaSport also participated

To: Social Planning Committee  
 From: Director Planning and Building  
 Re: Update on the Burnaby Healthier Community  
 Partnership

2015 March 24 ..... Page 5

in the event. A half-day follow-up session for participants will take place in May. In addition, the committee is developing a secure web page for participants to share resources and identify opportunities for collaboration.

**Mobility Access Planning** - The committee will work together to sponsor a Mobility Access Planning (MAP) project at Stoney Creek community school in April and May 2015. The project follows previous successful MAP projects in Edmonds (2010) and Cascade Heights (2013). The MAP Stoney Creek project will involve grade 4 students and older residents of the neighbourhood. The project will include classroom visits to have students map common walking routes and learn about the linkages between health, active transportation and the built environment. A community walkabout will then take place to identify barriers and supports to walking. A follow-up event will held to present the findings of the walkabout and evaluate the community's interest in walking and other forms of active transportation.

## 5.0 NEXT STEPS

In the first year of working as a partnership, Burnaby HCP members have indicated that relationships have been strengthened across organizations and within organizations. HCP members have benefitted from these relationships to support each other's work, both formally and informally. For example, the Burnaby Division of Family Practice benefitted from connections made through the HCP to extend its reach into the community during its "A GP for Me" public consultation process<sup>2</sup>, and more recently for its Empowered Patient lecture series. Similarly, the PAL committee's focus on physical literacy ties into changes in B.C. Ministry of Education's physical education curriculum as well as Burnaby's Parks, Recreation and Cultural recent initiatives around physical literacy.

In the year ahead, the Burnaby HCP will continue to focus on physical activity and literacy and mental health through its two working committees. Each committee will be seeking feedback from the community at its events to guide future directions and initiatives. A common goal for both committees will be to develop communication materials to deliver healthy community messages and draw connections between good physical health and good mental health. The Burnaby HCP has applied for a grant from the Burnaby Hospital Foundation to assist with its communication activities.

HCP members recognize that the work of the partnership will need to occur within each member's existing work program and available resources. In this regard, members will continue to ensure the work of the HCP aligns with each organization's existing priorities and supports work that is already happening in the community.

---

<sup>2</sup> "A GP for Me" is a joint program of the Ministry of Health and the Doctors of B.C. A GP for Me in Burnaby aims to: 1) enable Burnaby residents who want a family doctor get one; and 2) support the relationships between patients and family doctors. A GP for Me in Burnaby conducted an extensive public consultation process in Burnaby from February to July 2014.

To: Social Planning Committee  
 From: Director Planning and Building  
 Re: Update on the Burnaby Healthier Community  
 Partnership

2015 March 24 ..... Page 6

## 6.0 CONCLUSION

Over the last year, representatives from the City, Fraser Health and Burnaby School District have worked together to develop a Burnaby Healthier Community Partnership. The overall goal of the partnership is to promote health and prevent chronic disease through community-based healthy living initiatives. For the first year, the Burnaby HCP has focused on the health priorities of physical activity and literacy and mental health. Through strengthened working relationships and coordination of existing resources, these two priority areas will continue to be the focus of the HCP in the year ahead.

It is recommended that this report be received for the information of the Committee and Council.

It is further recommended that a copy of this report be forwarded to Dr. Lisa Mu, Medical Health Officer for Burnaby and Mr. Ron Burton, Chair, Burnaby Board of Education.

  
 Lou Pelletier, Director  
 PLANNING AND BUILDING

MM:sa

Copied to: City Manager  
 Deputy City Managers  
 Director Parks, Recreation and Cultural Services  
 Director Engineering  
 Director Finance  
 City Clerk  
 Chief Librarian

R:\Long Range Clerical\DOCS\MM\Committee Reports\2015\Update on the Burnaby Healthier Community Partnership.docx