

May 8, 2017

The Office of the City Clerk c/o Financial Management Committee 4949 Canada Way Burnaby, BC V4G 1M2

Dear Financial Management Committee,

For more than three years, Fortius Sport & Health has been pleased to serve the medical, rehabilitation and training needs of Burnaby citizens. Our world-class facilities have a "Same Door" approach: the equipment, personnel and resources we offer are available to all. As a result, Burnaby citizens often train and rehab beside Canada's star athletes. I recently saw a 12 year old Cliff Avenue soccer player training next to Christine Sinclair. This young girl was overthe-moon to train beside her role model. Experiences like these create lifelong memories for young athletes which inspire them to achieve their potential and be active for life.

The Fortius Foundation is a registered Canadian charity. We raised the funds to build Fortius Sport & Health and now our aim is to create and fund programs that truly make our home a community asset. Last summer, we partnered with Steve Nash and his foundation to create an innovative new program called KidsMove. The program is free to attend, and uses cuttingedge sport science to help children aged 9-12 develop an active, healthy lifestyle. We combine movement and sport, lifestyle choices including nutrition and sleep, and also mental health, through the lens of sport psychology. Most importantly, the children have fun! Over the last 12 months, more than 200 children have participated in the program, two-thirds from Burnaby.

This fall, we embark on a big expansion of the program. Collaborating with the Burnaby School District, we aim to bring 12 groups of 60 children (720 total) to Fortius to participate as part of their school day. The integrated nature of KidsMove is a perfect fit for the PHE (Physical and Health Education) component of the new BC curriculum. In addition to directly impacting 720 Burnaby school children in the 2017/18 school year alone, we will be providing professional development opportunities to Burnaby teachers to build PHE capacity in schools. This is a truly unique initiative that will have a profound, long term impact on the health of Burnaby children.

We are currently working with the Burnaby School District, with Ron Hall, to have the program ready to start later this fall. We are targeting needy schools with high vulnerability students, including Douglas Road Elementary and Edmonds Community School. Due to the current financial constraints on our school district, we are fundraising to be able provide this program at no cost to the schools. The total budget for the program is \$146,784. To date, we have raised \$64,500 with a number of other requests to individual and corporate donors in progress.

I respectfully ask that the Financial Management Committee consider a grant of \$5,000 to support the KidsMove Burnaby Schools program. Your support can be a big boost towards our goal. You would directly support the participation of high vulnerability students in this program and, as a community leader, would also inspire others in the Burnaby community to contribute.

I would be very glad to welcome any members of the committee to Fortius to see the KidsMove program in action. It is a great experience. Our next sessions are on May 31st and June 21st, both from 4:30pm to 6:30pm. I would also be happy to provide any further details on the program and can be contacted directly at 604 292 2532 or andy.price@fortiussport.com.

Thank you for your consideration.

Andy Price

Executive Director Fortius Foundation

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