



Office of The Mayor of the City of Burnaby

PROCLAMATION

WORLD MENTAL HEALTH DAY

- WHEREAS** World Mental Health Day is an education and awareness campaign designed to encourage people to talk, reflect and engage with others on the importance of mental health and the reality of mental illness; and
- WHEREAS** Nearly one in five Canadians will suffer a mental disorder in their lives. The remaining four Canadians will be affected by a mental illness through a family member, friend, or co-worker; and
- WHEREAS** Of the 10 leading causes of disability worldwide, five are mental disorders: major depression, schizophrenia, bipolar disorder, substance abuse disorder and obsessive compulsive disorder, and 30 – 40% of disability claims are for depression; and
- WHEREAS** Stigma is the number one reason people do not seek or receive treatment; and
- WHEREAS** Mental health literacy and education are vital in the prevention so early recognition will help reduce the severity of this disorder.

**NOW THEREFORE I, DEREK CORRIGAN, MAYOR OF BURNABY,
DO HEREBY PROCLAIM OCTOBER 10 AS**

"WORLD MENTAL HEALTH DAY"

**IN THE CITY OF BURNABY AND URGE ALL CITIZENS TO COOPERATE
ENTHUSIASTICALLY IN SUPPORTING THE EFFORT OF THIS
ORGANIZATION AND ENCOURAGE THE PUBLIC TO LEARN MORE
ABOUT THIS DISABILITY.**

Derek R. Corrigan
M A Y O R



Dated this 1st day of October, 2018 A.D.