

**TO:** CHAIR AND MEMBERS  
PARKS, RECREATION AND CULTURE  
COMMISSION

**DATE:** 2019 July 29

**FROM:** DIRECTOR PARKS RECREATION AND  
CULTURAL SERVICES

**FILE:** 2410-20

**SUBJECT: ACTIVE AGING WEEK**

**PURPOSE:** To request authorization to waive fees associated with Active Aging Week 2019 at the four Burnaby Seniors' Centres.

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**RECOMMENDATION:**

1. **THAT** Parks, Recreation and Culture Commission approve the waiving of fees for seniors, at the four Burnaby Seniors Centres, during Active Aging Week, 2019 October 01-October 07.

**REPORT**

Staff would like to request that the fees be waived for select programs during Active Aging Week, 2019 October 01-07.

**1.0 BACKGROUND**

The International Council on Active Aging has declared 2019 October 01-07 as Active Aging Week. This year's theme is "Redefining Active" and focuses on broader engagement for seniors. This broader engagement includes physical, social cognitive, spiritual, professional and civic engagement activities. A stipulation of participating in Active Aging Week, is that there should be no cost to the participant to ensure the activities are inclusive for all.

The City of Burnaby's four Senior's Centers would like to offer sampler programs during Active Aging Week. The programs would either be new to the site or with low registration at that site to encourage more participants. The cost incurred to the city would be the cost of the instructor: approximately \$40 per sampler (costs would vary based on course/instructor level). In 2018, the City of Burnaby served 318 participants during the Active Aging Week.

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From: Director - Parks, Recreation & Cultural Services  
Re: Fees for Active Aging Week to Be Waived

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**Outlined below is the cost breakdown for Active Aging Week:**

(Approximate cost based on 2018 attendance)

<b>Confederation Community Centre</b>	<b>\$300</b>
<b>Bonsor 55+ Centre</b>	<b>\$300</b>
<b>Cameron Community Centre</b>	<b>\$300</b>
<b>Edmonds Community Centre</b>	<b><u>\$300</u></b>
<b>Total Cost for Active Aging Week</b>	<b>\$1,200</b>

## **2.0 POLICY SECTION**

Participation in Active Aging week is in line with the Corporate Strategic Plan by supporting the following goals and sub-goals of the plan:

### **An Inclusive Community**

- Create a sense of community (*trying new activities together and bonding over the experience*)
- Serve a diverse community (*ability to program to different groups of people*)

### **A Connected Community**

- Social connection (*for seniors to come together*)

### **A Healthy Community**

- Healthy life (*opportunity to play, move and try new things*)
- Life Long Learning (*learning new active possibilities into retirement years*)

## **3.0 RECOMMENDATION**

It is recommended that the Parks, Recreation and Culture Commission approve the waiving of fees for seniors at the four Burnaby Senior's Centres during Active Aging Week, 2019 October 01 – October 07.



Dave Ellenwood  
DIRECTOR PARKS, RECREATION & CULTURAL SERVICES

cc: Kathy Doeber, Recreation Complex Manager, Northwest  
Cindy Chang, Manager – Recreation Services